
ADDITIONAL NUMBERS

Veteran Service Office463-4226

VETERANS

Ukiah Senior Center462-4343
 Indian Senior Center462-5595
 In Home Support463-7900
 Community Care468-9347
 Adult Services995-4680

SENIOR SERVICES

North Coast Energy Services463-0303
 Heap.....

UTILITY ASSISTANCE

FOOD – HOT MEALS

Plowshares.....462-8582
 1346 S. State Street
 Open Monday–Friday
 Lunch: 11:30am–Noon
 Dinner: 5:30pm–6:00pm, Mon/Tues/Wed
 Only (starts 6/1/18)

FOOD – GROCERIES

Community Food Bank463-2409
 888 N. State Street
 Open Tuesday–Saturday
 CONTACT FOR TIMES

ESSENTIAL SERVICES

Ukiah Community Center
 (UCC) Services462-8879
 888 N. State Street
 CONTACT FOR TIMES

MTA.....(800) 696-4MTA
 Dial A Ride.....462-3881

TRANSPORTATION

SUDT.....472-2637
 Ford Street Project462-1934

SUBSTANCE ABUSE

Manzanita.....463-0405
 Mental Health Department 800-555-5906
 Adult Vocational Education463-5217
 RCS-Crisis 855-838-0404

MENTAL HEALTH

Consolidated Tribal Health.....485-5115
 Healthy Kids.....463-5437
 Hillside Health Clinic.....468-1010
 MCAVN– HIV/AIDS & HCV.....462-1932
 Medi-Cal.....463-7700
 Ukiah Valley Medical Center462-3111
 Veterans Health Clinic468-7700

HEALTH SERVICES

ESSENTIAL SERVICES -Continued

Winter Shelter234-3407
 1045 South State Street
 Open: Daily, 5:00pm–8:00am
 Homeless shelter (short term).
 December 2017–April , 30, 2018
 Showers

*Other services include: counseling, referrals,
 health care screening, and case management.*

Plowshares.....462-8582
 1346 S. State Street
 Open Monday–Friday
 Lunch: 11:30am–Noon
 Dinner: 5:30pm–6:00pm, Mon/Tues/Wed
 Only (starts 6/1/18)
 Phone Messages: 462-0265
 Services for Homeless: mail, phone messages,
 food service, Meals on Wheels (seniors), etc.
 (No Showers), Haircuts

Ukiah Recovery-Drug Rehab462-6290
 CDC/Housing Authority.....463-5462
 Ukiah Community Center.....462-8879
 MCAVN (for those with HIV/HCV)462-1932
 Ford Street462-1934

HOUSING SERVICES

Child Support/Da's Office... 1-866-901-3212
 Food Stamps, AFDC, TANF463-7700
 General Assistance.....463-7900
 Social Security Office..... 1-888-590-2706

FINANCIAL SERVICES

Child Protective Services463-7922
 Ukiah Family Center.....467-5810
 Tapestry Family Services.....463-3300

FAMILY SERVICES

CalWorks Job Services463-5627
 AJCC.....467-5900
 State Vocational Rehab463-4791

EMPLOYMENT SERVICES

Crisis/Help Line

(707) 463-HELP (4357)
 1 (800) 575-HELP (4357)

These numbers will connect you
 24/7 with access to these services:

- Emergency Food & Shelter
- Youth Services/Runaways
- Rape/Domestic Violence
- Adult Protective Services
- Children's Protective Services
 - Alcohol and Other Drugs Services
 - HIV/AIDS Information
 - Mental Health

Fire Department463-6262 or 911
 Poison Control Center (800) 876-4766
 Sheriff's Office.....463-4086 or 911
 Ukiah Police Department463-6262 or 911
 CPS Emergency.....463-7992

EMERGENCY SERVICES

MCOE467-5123
 Mendocino College.....468-3000
 Ukiah Adult School463-5217
 K-12 Students.....467-5104

EDUCATION SERVICES

Hillside Health Clinic.....468-1010
 Redwood Children's472-2922
 Mendocino Coast Clinics964-1251
 Youth Project.....463-4915

COUNSELING SERVICES

Dorcas Society462-1388
 151 Cherry Street
 Wed. 9:00–11:45am

CLOTHING



Community Resources for the Homeless

Mendocino County
 Ukiah Area

Ukiah Community Center

Resource Center
 888 North State Street
 Ukiah, CA 95482
 Phone: (707) 462-8879
 Fax: (707) 462-0654

“We’re here to help you.”

Unfold this guide for map to services



Community Resources for the Homeless

Mendocino County, Inland Ukiah Area

● Winter Shelter

1045 South State Street
234-3407

Open Daily: 5 pm-8 am
SHORT TERM: 12/2017-4/30/2018

● Community Food Bank

888 North State Street
463-2409

Open: Tuesday-Saturday
CONTACT FOR HOURS

● Ford Street Project

139 Ford Street
462-1934

Open: Monday-Friday
8 am-Noon, 1-5 pm

● Ukiah Police Department

Administration Services
300 Seminary Lane
463-6262 or 911

Open: Monday-Thursday
8 am-4 pm

● Dept. of Social Services

747 South State Street
463-7700

Open: Monday-Friday
7 am-Noon & 1-5 pm

● Plowshares

1346 South State Street
462-8582

Open: Monday-Friday
11:30 am-Noon and
Mon., Tues., & Wed., 5:30 pm-6 pm*

*Starting Jun. 1, 2018

